

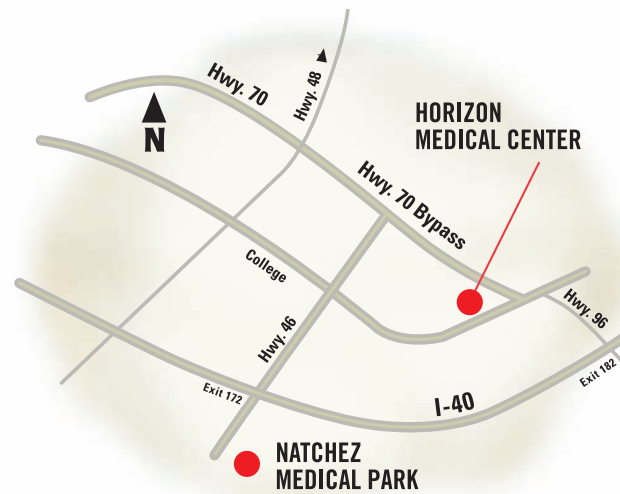
DOCTORS WHO UNDERSTAND YOU AS WELL AS YOUR CANCER

Every day, hundreds of people get the news that they have cancer. If you have been diagnosed with cancer, this is understandably a frightening and unsettling time. The Sarah Cannon Cancer Center offers patients the benefits of all major treatment methods, including surgery, radiation oncology and medical oncology. Radiation Therapy Services at The Sarah Cannon Cancer Center are composed of a team of professionals who understand the physical and emotional needs of cancer patients.

For information about radiation oncology at The Sarah Cannon Cancer Center at Natchez Medical Park, please call **615-326-3000**.

Appointment Date: _____

Appointment Time: _____



Directions to Natchez Medical Park:

From Dickson: Go south on Hwy 46 to I-40. Cross over the Interstate and proceed .8 miles past Ravenwood Subdivision. The Natchez Medical Park sign will be on your left.

From East of Dickson: Go West on I-40 to exit 172. Turn left onto Hwy 46 S and proceed .8 miles past Ravenwood Subdivision. The Natchez Medical Park sign will be on your left.

From West of Dickson: Go East on I-40 to exit 172. Turn right onto Hwy 46 S and proceed .8 miles past Ravenwood Subdivision. The Natchez Medical Park sign will be on your left.

From South of Dickson: Go north on Hwy 46 to towards I-40. The Natchez Medical Park sign will be on your right approximately 1 mile before I-40 ramp.

Radiation Oncology Services at

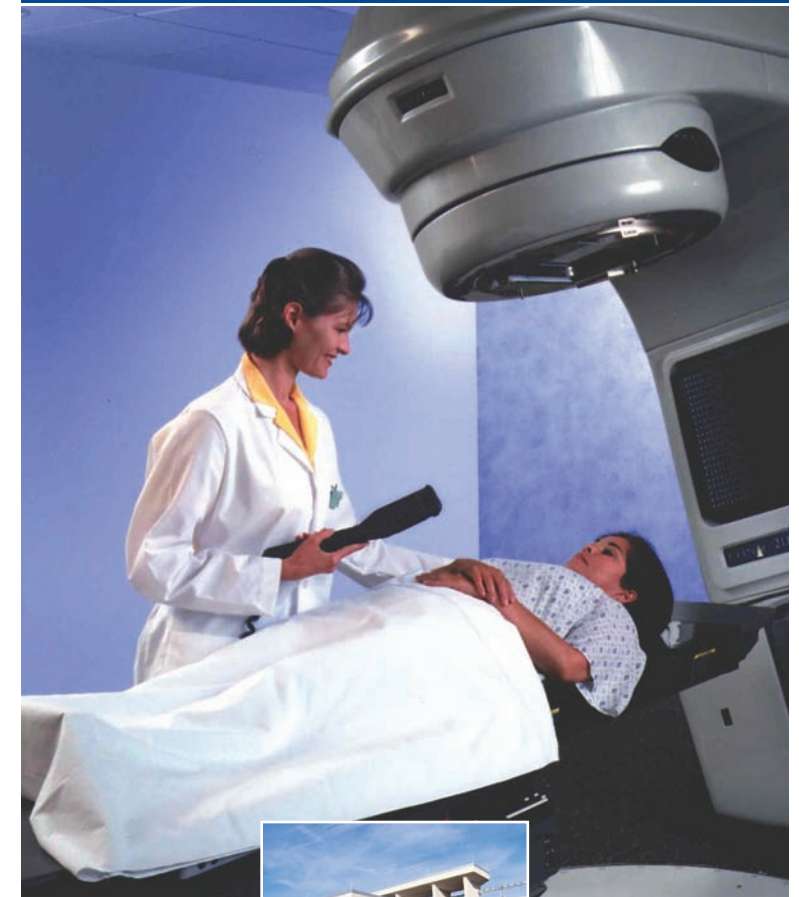
A Department of Horizon Medical Center TRISTAR HEALTH SYSTEM

105 Natchez Park Drive • Dickson, TN 37055
 For more information, call **TriStar MedLineSM** at
 615-342-1919 or 800-242-5662



RADIATION THERAPY SERVICES

*Innovative Cancer Care
 Close to Where You Live & Work.*



Radiation Oncology Services at


A Department of Horizon Medical Center

TRISTAR HEALTH SYSTEM

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Services will be provided in a nondiscriminatory manner without regards to age, race, gender, national origin or disability.

Part of the TriStar Family of Hospitals.

WHAT TO EXPECT WITH RADIATION THERAPY



RADIATION THERAPY TECHNOLOGY

The newest technology is available at The Sarah Cannon Cancer Center at Natchez : The Varian Clinac iX Linear Accelerator with 3-D Conformal and Intensity Modulated Radiation Therapy. The Linear Accelerator provides precise targeting of cancerous tumors with radiation. The computerized system controls the high-energy x-ray beams in order to pinpoint the treatment to the tumor's shape and volume, which minimizes the damage to surrounding healthy tissue.

PERSONALIZED CARE

Radiation therapy is a localized treatment much like surgery. Your treatment is designed specifically for you with CT planning which occurs within the department.

Reasons for therapy include:

- Controlling the growth or spread of cancer
- Curing cancer by completely eliminating growth
- Alleviating or reducing the symptoms of pain; this is called palliative radiation

Your treatment will be administered by a specialized team that was hand-selected to deliver the highest quality care. Your personalized team includes a nurse, dosimetrist, radiation therapist, and radiation oncologist. Prior to therapy, you will meet with the radiation oncologist who evaluates your condition in consultation with your primary care physician or medical oncologist to develop a personalized prescription treatment plan. You will also go through a process called simulation where a radiation oncologist will determine the exact areas on your body where the radiation will be directed.

During each therapy session, the radiation therapist positions you on the treatment table or chair. Then the therapist leaves the room and enters a control room, where he or she controls the movements of the radiation machine (the Varian iX Linear Accelerator) to deliver radiation to the predetermined areas on your body. You will need to remain extremely still during the treatment, which lasts from 1-5 minutes. The therapist can see you on a television screen, and you can talk with the

therapist if you feel uncomfortable or sick. The treatment will not hurt.

After the procedure, you are free to leave and resume your normal activities. You are not radioactive after your treatment, nor are you a threat of radiation exposure to anyone else around you. The actual treatment takes only a few minutes, but you should allow at least 30 minutes for each session. Most treatments last from 2 to 8 weeks, and are given once a day, five days per week. Treatment may range from twice daily to only three times a week, and this will depend on various factors. Discuss the logistics of the actual scheduling with your radiation oncologist.

During treatment, your doctor will want to see you at least once a week. After treatment is completed, you will be scheduled for regular visits to monitor healing and check for signs of recurrent disease. Follow-up care will vary for each patient and may include further testing, medication or rehabilitative treatment.

MEET OUR RADIATION ONCOLOGIST



Prakash B. Chougule, M.D.

Medical School:

MBBS, Dr. V.M. Medical School, Shivaji University, Kolhapur, India

Internship:

Baptist Hospital, Nashville, TN

Residency:

University of Maryland Hospital, Baltimore, MD

Board Certification:

American Board of Radiology

